ABOUT
The Pennsylvania Psychiatric Institute (PPI), a collaboration of Penn State Health and UPMC Pinnacle, is central Pennsylvania’s leader in helping people with psychiatric and substance use disorders achieve and maintain stability in their daily lives.

Created in 2008 through a partnership of two leading healthcare systems, PPI has a comprehensive team of specialists who provide sensitive, compassionate care for children, adolescents, adults and mature adults through personalized treatment plans that meet unique patient needs.

Located in Harrisburg, PPI has a modern 89-bed, inpatient facility at its Polyclinic campus at 2501 North Third Street and two convenient locations offering outpatient services, the Division Street Clinic and the Third Street Clinic.

PANDEMIC HEIGHTENS OPIOID CRISIS
The COVID-19 pandemic has had a tremendous effect on the opioid crisis. PA overdose numbers are almost back up to 2017 peak numbers, negating the significant downward trends seen in 2018 and 2019. 2020 brought the highest death rate in York County’s history while PA saw a 13.2% overall increase from 2019.

The increasing numbers are reflected by what the team at PPI’s Opioid Treatment Program is seeing. “In some months we have seen a tremendous increase in new patients. I would say at least a 50% increase in some cases” states Dr. Kawasaki, Medical Director at the Program.

We have an uphill battle to get back to the downward overdose trend pre-pandemic. “This pandemic has been traumatic for everyone, but I want to stress that patients should not be afraid to get treatment because of COVID. Clinics are taking precautions for the safety of our patients.”

2021 has offered some light at the end of the tunnel, with promise of funding from the state. 55 million dollars are to be allocated from the federal government for drug and alcohol programs. And an additional 45 million are to be allocated for the same use on top of that.

Through a combination of Medication-Assisted Treatment (MAT) and intensive counseling, people with opioid use disorder are getting a second chance to live a fulfilling life.

PHILOSOPHY OF CARE
Our stated values of integrity, dignity, respect, safety, teamwork and responsiveness guide our care. These values exemplify who we are at the Pennsylvania Psychiatric Institute (PPI) and make us unique providers of mental healthcare in central Pennsylvania.

MISSION
Pennsylvania Psychiatric Institute is committed to providing a wide range of high-quality behavioral health services. PPI is dedicated to providing clinical excellence, diverse education, research and community collaboration in a manner that evolves to meet the changing behavioral healthcare needs of the region.

VISION
The vision of Pennsylvania Psychiatric Institute is to be the trusted leader in delivering the highest quality behavioral health services, education and research.

VALUES
Integrity: We will do the right thing even when we are not being watched.

Respect: We will show regard and consideration to all.

Safety: We will take deliberate actions to minimize risk for personal harm or danger.

Teamwork: We will cooperate and coordinate all efforts.

Responsiveness: We will take deliberate actions based on the needs of the region.

Dignity: We will guard a person’s reputation and encourage the development of his or her self-worth. We will also behave in a way that only brings honor to the organization.

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## PPI CONTINUUM OF CARE

### Outpatient Programs
- **Child/Adolescent Services**
  - Psychiatric evaluations, individual therapy, medication clinic, family therapy, parent educational groups
  - Ages 5-18 (in school)

- **Adult Services**
  - Psychiatric evaluations, individual therapy, medication clinic, family therapy
  - Ages 18 and older

- **Mature Adult Services**
  - Psychiatric evaluations, medication management, group therapy
    - For mature adults who have chronic psychiatric problems
  - Ages 65 and older

### Inpatient Services
- **Child Services**
  - Psychiatry, group therapy, individual therapy, family therapy, activities therapy, play therapy, school classes taught by Capital Area Intermediate Unit
  - Ages 4-12

- **Adolescent Services**
  - Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, care planning
  - Ages 13-18 (in school)

- **Adult Services**
  - Psychiatry, group therapy, individual therapy, family therapy, activities therapy, ECT treatments, usually 6-12 treatments over 2-4 weeks
  - Ages 18 and older

### Partial Hospitalization Programs
- **Child/Adolescent Services**
  - Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, school classes taught by Capital Area Intermediate Unit
    - Bilingual psychiatrist, therapist and staff are available
  - Ages 6-18

- **Adult Services**
  - Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, care planning
  - Ages 18 and older (age 17, if not enrolled in school)

### Specialty Outpatient Clinics
- **Advancement in Recovery (AIR) Program**
  - Primary medical care, medication-assisted treatment for individuals with an opioid use disorder, referral to psychiatry and therapy
  - ECT treatments, usually 6-12 treatments over 2-4 weeks
  - Ages 18 and older

- **CAPSTONE Program First Episode Psychosis**
  - Medication management, individual resiliency training, family therapy, family education, case management (CMU), supported employment, education (YWCA)
    - For young adults who have recently experienced their first documented episode of psychosis
  - Ages 16-26

- **Dementia Assessment**
  - Geriatric psychiatry evaluation, medication management (as needed)
    - For adults who appear to be experiencing cognitive problems, memory loss or new onset mental health problems
  - Ages 19 and older

- **Dialectical Behavior Therapy (DBT)**
  - Skills class, individual therapy, coaching call, family therapy sessions, psychiatric evaluations, medication management
    - For adults with primary diagnosis of borderline personality disorder (BPD)
  - Ages 18 and older

- **Hispanic Outpatient Program**
  - Individual therapy, family therapy
    - For individuals who are more comfortable speaking Spanish
  - Ages 5 and older

- **Persistently Mentally Ill Outpatient Care**
  - Psychiatric evaluations, medication management, individual therapy, long-acting intramuscular injections of antipsychotic medications, supportive group therapy for patients on Clozaril® (every two weeks)
    - For adults with serious and persistent mental illness
  - Ages 19 and older

## FINANCIAL SUMMARY

### FISCAL YEAR 2020

**Statement of Operations for the year ended June 30, 2020**

#### Revenue
- Net patient services revenue $27,740,391
- Member Contributions 8,363,275
- Other revenue 662,232

**Total revenues** $36,765,898

#### Expenses
- Healthcare services $31,658,466
- General and administrative 7,921,928

**Total expenses** $39,580,394

#### Healthcare Services Breakdown
- Adult Inpatient 41.5%
- Child/Adolescent Inpatient 21.7%
- Electroconvulsive Therapy (ECT) 4.8%
- Outpatient 13.9%
- Child/Adolescent Partial 6.0%
- Adult Partial 2.3%
- Addiction - Opioid Treatment Program 5.4%
- Medicine Services 4.5%

#### General and Administrative Breakdown
- Nursing Administration 11.7%
- Administration & Finance 48.3%
- Human Resources 9.5%
- Compliance 7.1%
- Informatics 6.5%
- Patient Financial Services 16.9%