

ABOUT

The Pennsylvania Psychiatric Institute (PPI), a collaboration of Penn State Health and UPMC Pinnacle, is central Pennsylvania's leader in helping people with psychiatric and substance use disorders achieve and maintain stability in their daily lives.

Created in 2008 through a partnership of two leading healthcare systems, PPI has a comprehensive team of specialists who provide sensitive, compassionate care for children, adolescents, adults and mature adults through personalized treatment plans that meet unique patient needs.

Located in Harrisburg, PPI has a modern 89-bed, inpatient facility at its Polyclinic campus at 2501 North Third Street and two convenient locations offering outpatient services, the Division Street Clinic and the Third Street Clinic.

PANDEMIC HEIGHTENS OPIOID CRISIS

The COVID-19 pandemic has had a tremendous effect on the opioid crisis. PA overdose numbers are almost back up to 2017 peak numbers, negating the significant downward trends seen in 2018 and 2019. 2020 brought the highest death rate in York County's history while PA saw a 13.2% overall increase from 2019.

The increasing numbers are reflected by what the team at PPI's Opioid Treatment Program is seeing. "In some months we have seen a tremendous increase in new patients. I would say at least a 50% increase in some cases" states Dr. Kawasaki, Medical Director at the Program.

We have an uphill battle to get back to the downward overdose trend pre-pandemic. "This pandemic has been traumatic for everyone, but I want to stress that patients should not be afraid to get treatment because of COVID. Clinics are taking precautions for the safety of our patients."

2021 has offered some light at the end of the tunnel, with promise of funding from the state. 55 million dollars are to be allocated from the federal government for drug and alcohol programs. And an additional 45 million are to be allocated for the same use on top of that.

Through a combination of Medication-Assisted Treatment (MAT) and intensive counseling, people with opioid use disorder are getting a second chance to live a fulfilling life.

PHILOSOPHY OF CARE

Our stated values of integrity, dignity, respect, safety, teamwork and responsiveness guide our care. These values exemplify who we are at the Pennsylvania Psychiatric Institute (PPI) and make us unique providers of mental healthcare in central Pennsylvania.

MISSION

Pennsylvania Psychiatric Institute is committed to providing a wide range of high-quality behavioral health services. PPI is dedicated to providing clinical excellence, diverse education, research and community collaboration in a manner that evolves to meet the changing behavioral healthcare needs of the region.

VISION

The vision of Pennsylvania Psychiatric Institute is to be the trusted leader in delivering the highest quality behavioral health services, education and research.

VALUES

Integrity: We will do the right thing even when we are not being watched.

Respect: We will show regard and consideration to all.

Safety: We will take deliberate actions to minimize risk for personal harm or danger.

Teamwork: We will cooperate and coordinate all efforts.

Responsiveness: We will take deliberate actions based on the needs of the region.

Dignity: We will guard a person's reputation and encourage the development of his or her self-worth. We will also behave in a way that only brings honor to the organization.



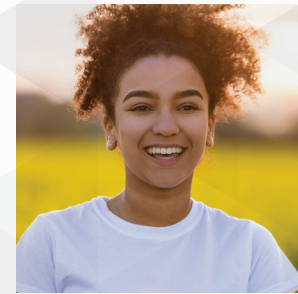
P E N N S Y L V A N I A
P S Y C H I A T R I C I N S T I T U T E

A Collaboration of Penn State Health & UPMC Pinnacle

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For further information on our products and services, contact Ruth Moore at (717) 782-2188 or rmoore@ppimhs.org.

2020 Annual Report



P E N N S Y L V A N I A
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PPI CONTINUUM OF CARE

Outpatient Programs

Child/Adolescent Services	Psychiatric evaluations, individual therapy, medication clinic, family therapy, parent educational groups	Ages 5-18 (in school)
Adult Services	Psychiatric evaluations, individual therapy, medication clinic, family therapy	Ages 18 and older
Mature Adult Services	Psychiatric evaluations, medication management, group therapy <i>For mature adults who have chronic psychiatric problems</i>	Ages 65 and older

Inpatient Services

Child Services	Psychiatry, group therapy, individual therapy, family therapy, activities therapy, play therapy, school classes taught by Capital Area Intermediate Unit	Ages 4-12
Adolescent Services	Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, care planning	Ages 13-18 (in school)
Adult Services	Psychiatry, group therapy, individual therapy, family therapy, activities therapy ECT treatments, usually 6-12 treatments over 2-4 weeks	Ages 18 and older

Partial Hospitalization Programs

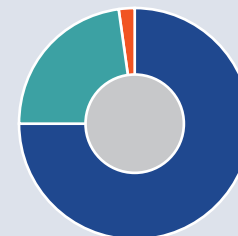
Child/Adolescent Services	Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, school classes taught by Capital Area Intermediate Unit <i>Bilingual psychiatrist, therapist and staff are available</i>	Ages 6-18
Adult Services	Psychiatry, group therapy, individual therapy, family therapy, psycho-educational groups, care planning	Ages 18 and older (age 17, if not enrolled in school)

Specialty Outpatient Clinics

Advancement in Recovery (AIR) Program	<i>Primary medical care, medication-assisted treatment for individuals with an opioid use disorder, referral to psychiatry and therapy</i> ECT treatments, usually 6-12 treatments over 2-4 weeks	Ages 18 and older
CAPSTONE Program First Episode Psychosis	Medication management, individual resiliency training, family therapy, family education, case management (CMU), supported employment, education (YWCA) <i>For young adults who have recently experienced their first documented episode of psychosis</i>	Ages 16-26
Dementia Assessment	Geriatric psychiatry evaluation, medication management (as needed) <i>For adults who appear to be experiencing cognitive problems, memory loss or new onset mental health problems</i>	Ages 19 and older
Dialectical Behavior Therapy (DBT)	Skills class, individual therapy, coaching call, family therapy sessions, psychiatric evaluations, medication management <i>For adults with primary diagnosis of borderline personality disorder (BPD)</i>	Ages 18 and older
Hispanic Outpatient Program	Individual therapy, family therapy <i>For individuals who are more comfortable speaking Spanish</i>	Ages 5 and older
Persistently Mentally Ill Outpatient Care	Psychiatric evaluations, medication management, individual therapy, long-acting intramuscular injections of antipsychotic medications, supportive group therapy for patients on Clozaril® (every two weeks) <i>For adults with serious and persistent mental illness</i>	Ages 19 and older

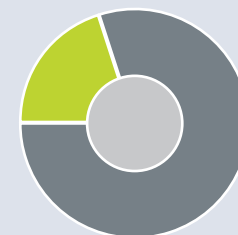
FINANCIAL SUMMARY FISCAL YEAR 2020

Statement of Operations for the year ended June 30, 2020



Revenue

Net patient services revenue	\$	27,740,391
Member Contributions		8,363,275
Other revenue		662,232
Total revenues	\$	36,765,898



Expenses

Healthcare services	\$	31,658,466
General and administrative		7,921,928
Total expenses	\$	39,580,394

Healthcare Services Breakdown

Adult Inpatient	41.5%
Child/Adolescent Inpatient	21.7%
Electroconvulsive Therapy (ECT)	4.8%
Outpatient	13.9%
Child/Adolescent Partial	6.0%
Adult Partial	2.3%
Addiction - Opioid Treatment Program	5.4%
Medicine Services	4.5%

General and Administrative Breakdown

Nursing Administration	11.7%
Administration & Finance	48.3%
Human Resources	9.5%
Compliance	7.1%
Informatics	6.5%
Patient Financial Services	16.9%